What are you VALUING? vs. What are you LEAVING TO CHANCE?

Often, we have opportunities where we can do better or improve in the areas of our life that we may take for granted. If you had to put a dollar amount on opportunities that have been presented to you, or areas where you would like to have more opportunities, how much is it worth? Additionally, think about what you are taking for granted and leaving to chance. The dollars represent high stakes or things that have optimal importance. The dice represent having a lower priority, risks or letting things happen by chance.

<table>
<thead>
<tr>
<th>Area of Focus</th>
<th>Value of Opportunity $$</th>
<th>Leaving it to Chance</th>
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</thead>
<tbody>
<tr>
<td>Career</td>
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<td>Health &amp; Wellness</td>
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Women at Work Series

Your Journey Starts from Within!

OPPORTUNITY

We all have had opportunities where we have not made the most out of them. Have you had something right at your fingertips, but you minimized its significance? Ask yourself the following questions found on page 8 of your book.

1. Am I making the most out of my opportunities, or taking them for granted that they will always be there?

2. Do I think I have, had, or am I having an experience that can lead to an opportunity?

3. Do I recognize an opportunity when I see one, and can the opportunity lead me to my purpose?
Women at Work Series

Your Journey Starts from Within!

Bumps in the Road/Making Realistic Plans

Ask yourself the following questions found on pages 13-15 of your book.

1. Are you going through a difficult situation right now? If so can you restructure your life to help yourself?

2. What changes are attainable for you right now?

3. What is one thing stopping you from moving ahead?

4. What active steps will you take to remove this obstacle?

5. What active steps other than this workshop and the WOYN book will it take to get started?

Source Lori Beard-Daily

A Journey to Self & Financial Achievement-Activity 2