OPPORTUNITY

We all have had opportunities where we have not made the most out of them. Have you had something right at your fingertips, but you minimized its significance? Ask yourself the following questions:

1. Am I making the most out of my opportunities, or taking them for granted that they will always be there?

2. Do I think I have had or am I having an experience that can lead to an opportunity?

3. Do I recognize an opportunity when I see one, and can the opportunity lead me to my purpose?
JOURNEY

What does your personal journey look like? Does your journey mirror any of the experiences you've read about other people in the book?

1. What is your story?

2. What have you learned from your story?

3. What do you plan to do next?
Bumps in the Road/Making Realistic Plans

1. Are you going through a difficult situation right now? If so can you restructure your life to help yourself?

2. What changes are attainable for you right now?

3. What is one thing stopping you from moving ahead?

4. What active steps will you take to remove this obstacle?

5. What active steps other than this workshop and the WOYN book will it take to get started?